

Whether you're chasing a 10k tarmac PB, fancy your chances on challenging multi-terrain or simply want to enjoy an evening race with a friendly, local atmosphere, look no further...

Chepstow Harriers presents...

"Something for everyone"

Starring -

OFFA'S 'ORROR

Our premier event! Sponsored by [Cymru Kitchens](#) and prizes donated by [Run & Become](#), Offa's is a 20k off-roader on the trails of the stunning Wye Valley. From Tintern Abbey to the top of Offa's Dyke, you're surrounded by history, scenery and 200 runners, going all out to conquer the Orror.

Sunday 17 April 2011 – start at 10.30. Find out more at www.chepstowharriers.org.uk/offa.htm.

Co-starring -

MAGOR MARSH 10K

It's fast and furious, but catering for all abilities, this is a pancake-flat course on the lanes of the Gwent Levels. Sponsored by [Run & Become](#), Magor is establishing a PB reputation, hosting the British Masters Athletic Federation 10k championship in 2008.

Sunday 31 July 2011 – start 10.30. Find out more at www.chepstowharriers.org.uk/marsh.htm.

With -

Tintern Trot

It may only be half the length of big brother Offa, but what it lacks in distance it makes up in speed. Sponsored by [Chepstow Physiotherapy Clinic](#), this is a beautiful evening race, which always seems blessed by the weather.

Thursday 30 June 2011 – start 7.30 pm. Find out more at www.chepstowharriers.org.uk/tintern.htm.

And -



Run one or run them all... A series of flat evening 4 mile races, with age-category prizes for each race and the series, sponsored by [Run & Become](#), a BBQ and a free pint to all finishers.... life doesn't get much better.

Tuesday 10 May, 14 June, 12 July and 9 August. All start at 7.30. Find out more at www.chepstowharriers.org.uk/roseinn.htm.