

**Bike Training Time Trial results**  
**12/03/2011**

Position	Name	Elapsed time	Actual time
1	Tom	0:41:38	0:35:38
2	Astrid	0:43:28	0:39:28
3	Esther	0:44:25	0:40:55
4	Laurie	0:45:12	0:40:12
5	Matthew L	0:45:19	0:39:49
6	Judith	0:47:04	0:46:04
7	Dick	0:48:05	0:45:35
8	Andy Stott	0:48:33	0:45:33
9	Rob B	0:49:00	0:47:30
10	Paul G-J	1:04:35	1:02:35
11	Karen	1:08:09	1:08:09